



Gym Schedule

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Quad 1	Quad 2	Quad 3 & 4
Monday			
		8:15am Step it up	
		9:00am Toning	
Tuesday			
Wednesday			
		8:15am Step it up	B-ball practice 5:00-7:30pm
		9:00am Toning	
			5:15pm-6:05pm Zumba
		B-ball practice 5:30-7:30pm	
Thursday			
Friday			
	Magic squares dancing 7:00pm		
		8:15am Step it up	
		9:00am Toning	
Saturday			
			Youth basketball 10:00am-12:00pm
Sunday			

